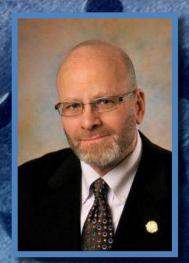


Capital Projects
as a Career –
Handling the
Demands



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Your Groups Will Explore Our Business

- Stress
- Time management
- Life/work balance quality of life
- Team building
- Innovation



The Process

- Each tables chooses a scribe and facilitator
- Introduce and understand the question
- 20 minutes to discuss among tables
- Capture Top 3 results on separate sheet of paper. Hand in all papers for me to capture outliers.



Results will be posted on website.

Choosing the Top 3 Results

- Create a list of choices; try to consolidate similar results
- Everyone at table votes on top 3
- If top 3 are not obvious or if top 4 or 5 are close, vote again on top 3 using the list of 4 or 5 as the only results you can vote on.
- List top 3 on separate sheet of paper write the name of the scribe/facilitator and question No. at top.

Caution...

- Do not guess
- The results should be tactics that you have seen work and fail.
- If you "think" you have a good idea, capture it as an outlier and do NOT include it in your top 3.



The Takeaway...

 If your takeaway is only one new tactic to increase the quality of your life while making you more efficient in the workplace, this session will have been hugely successful



Rules of Engagement

- Everyone participates no idea should be left behind
- Practice active listening do not consume the conversation
- Make sure the facilitator and scribe understand the results and can explain them.





- What bad behaviors or cultural 'norms' exist in your organization that discourage a work life balance?
- What behaviors or cultural 'norms' exist in your organization that encourage a work-life balance?
- Each table is to provide 3 things that you want to get rid of and 3 things that you want to keep.



Question No. 2

- "What personal tactics and what corporate behaviors or cultural 'norms' have you seen result in greater efficiency and encourage innovation in the workplace – either by a team or individuals?"
- Again, each table is to provide 3 things that you want to get rid of and 3 things that you want to keep.



